

## 'MONDAY MUMS': FREE DRAMA WORKSHOPS FOR YOUNG MUMS OF SCHOOL-AGE CHILDREN IN ABBEY.

Starts Monday May 8<sup>th</sup> at 10am.

**Monday Mums** is a new weekly – and free – Drama workshop for young mums of school-age children, who live in Abbey. It's an open access workshop run by Menagerie Theatre Company in partnership with Abbey People.



**The Necessary Info:**  
**Dates:** Every Monday morning 10am – 12noon, May 8<sup>th</sup> - December 11<sup>th</sup> in term time.  
**Venue:** Abbey Meadows Community Wing, Galfrid Road.  
Next door to Abbey Meadows Primary School

**Monday Mums** is run by Caroline Rippin, an actress and workshop leader with over 20 years experience. She creates a nurturing, inspiring environment, making the workshops fun, safe, and playful. They will be a time for mums to focus on themselves and their stories. If you're not sure, why not come and watch a session to see how it all works.

**Monday Mums** is cost free and no experience necessary!

**Monday Mums** is open to any young mum in Abbey who has school-age children.

**Monday Mums** is about participating, building community and meeting new friends. It also offers opportunities to get involved in city events (AND we do a brew half-way through!)

**What is 'Young'?** Always difficult, but we have identified 'young' as 30 and under. If you're over 30 and wish to get involved, please still get in touch with us.

So if you're a young mum in Abbey looking for something new to do, join **Monday Mums**.

Email Caroline Rippin with any questions, [office@menagerie.uk.com](mailto:office@menagerie.uk.com), or call Menagerie directly at 01223 403361. And start spreading the news!

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